



NEW ZEALAND QUALIFICATIONS FRAMEWORK  
TE TAURA HERE TOHU MĀTAURANGA O AOTEAROA

## New Zealand Diploma in Health Science (Level 5)

New Zealand Diploma in Health Science

### Qualification Number

3510

### Qualification Status

Current

### Version Number

~~2~~ 3

### Version Status

Approved

### Last Date for Entry

### Last Date for Assessment

### Qualification Type

Diploma

### Level

5

### Credits

120

### NZSCED

010913 Natural and Physical Sciences>Biological Sciences>Human Biology

### Qualification Developer

Toitu te Waiora Community, Health, Education and Social Services Workforce Development Council

### Next Review

~~31/12/2023~~ December 2028

### Quality Assurance Body

New Zealand Qualifications Authority

## Consistency Review Details

### Next Planned Consistency Review

2024

### Consistency Rating

Confirmed (29/10/2019)

# Outcome Statement

## Strategic Purpose Statement

~~The purpose of this qualification is to provide the community with advisors who can apply scientific knowledge of the human body to assist people with the prevention of lifestyle based health issues.~~

~~Graduates working under supervision will be able to contribute to wellbeing by advocating for good nutrition and healthy lifestyle choices based on current health science and wellness trends.~~

~~This qualification is designed to provide the community with advocates who have the knowledge of the human body to support healthy lifestyle choices including healthy eating to help maintain wellness.~~

~~This qualification is intended for learners who wish to attain a recognised level of competence and scientific knowledge of New Zealand health trends and risks to health. Graduates will be capable of working under supervision in the wellness context.~~

~~Graduates will use holistic approaches to promote and support the health aspirations of Māori, Pasifika, Tangata Whaikaha and other groups, through ethical interaction with the community within their scope of practice.~~

## Graduate Profile

Graduates of this qualification will be able to:

- ~~– Apply knowledge of human nutrition across the lifespan to help prevent nutritional based health problems.~~
- ~~– Apply scientific knowledge of the human body across the lifespan to help prevent lifestyle based health problems.~~
- ~~– Apply current scientific knowledge of New Zealand health trends and risks to health to advocate for good nutrition and healthy lifestyle choices.~~
- ~~– Provide culturally safe health advice to help people maintain physical wellbeing and help prevent lifestyle related disease.~~

Graduates of this qualification will be able to:

- Apply knowledge of healthy lifestyle choices at different life stages to address preventable health problems.
- Apply scientific knowledge of the human body to help prevent lifestyle-based health problems.
- Apply current scientific knowledge of New Zealand health trends and risks to health, to advocate for healthy lifestyle choices including healthy eating and good nutrition.
- Provide ethical and culturally safe health, education, and advocacy to help people maintain wellness and help prevent lifestyle-related disease.

## Education Pathway

~~Graduates will be able to undertake higher education in the areas of nutrition, health related disciplines, health science, as well as complementary and natural medicine.~~

Graduates will be able to undertake further education in the areas of nutrition, health-related disciplines, such as health coaches, health science, as well as traditional and complementary medicine.

This qualification leads to the New Zealand Diploma in Nutrition (Level 6) [Ref: 3511].

## Employment/Cultural/Community Pathway

~~Graduates are able to work as:~~

- ~~– retail workers~~
- ~~– nutrition and lifestyle coaches~~
- ~~– health and nutrition advisors.~~

Graduates of this qualification may be employed in positions such as:

- Wellness Advocate
- Wellness Educator
- Assistant in Hauora Clinic
- Assistant in Health Clinic
- Assistant in Organic or Health Food Shop/Distributor
- Healthy lifestyle blogger/influencer

# Qualification Specifications

## Qualification Award

~~This qualification may be awarded by any education organisation accredited under section 250 of the Education Act 1989 to deliver a programme leading to the award of this qualification.~~

This qualification may be awarded by an organisation with an approved programme or accreditation to deliver an approved programme leading to this qualification.

## Evidence requirements for assuring consistency

~~Portfolios of evidence are expected to be based on self assessment activities, and will include:~~

- ~~• Graduate surveys or evaluations of the programme.~~
- ~~• Graduates' assessment evidence (e.g. completed assessment activities and Moderation reports).~~
- ~~Any other relevant evidence as appropriate.~~

~~Further information can be found on the NZQA website.~~

~~Evidence may include the following:~~

- ~~- Graduate surveys or evaluations of the programme.~~
- ~~- Any other relevant evidence as appropriate~~

## Minimum standard of achievement and standards for grade endorsements

Achieved.

## Other requirements for the qualification (including regulatory body or legislative requirements)

~~NA~~

~~Programmes leading to this qualification must adhere to and be consistent with any ethical, legislative, codes of rights or contractual requirements to which the industry or roles is subject, including:~~

- ~~- Health and Safety at Work Act 2015,~~
- ~~- Privacy Act 2020,~~
- ~~- Health & Disability Commissioner Act 1994~~

~~and subsequent versions to any of the above.~~

## General conditions for programme

Programmes must:

- honour Te Tiriti O Waitangi in the provision of culturally safe health advice.
- embrace cultural responsiveness and safety.
- reflect knowledge of multicultural practice including Māori and Pacific Models of Health.
- adhere to good ethical practice.
- reflect New Zealand Ministry of Health Guidelines on Healthy Eating Activity.

Enabling Good Lives (EGL) principles include a core set of values that support disabled people now and into the future.

Programmes must reflect the Enabling Good Lives (EGL) principles.

Programmes should be in alignment with the Treaty of Waitangi in the provision of culturally safe health advice.

### Conditions relating to the Graduate Profile

Outcome	Indicative Credits	Conditions
1	35 credits	<p><del>Apply knowledge of human nutrition across the lifespan to help prevent nutritional-based health problems.</del>  <u>Apply knowledge of healthy lifestyle choices at different life stages to address preventable health problems.</u></p>
2	55 credits	<p><del>Apply scientific knowledge of the human body across the lifespan to help prevent lifestyle-based health problems.</del>  <u>Apply scientific knowledge of the human body to help prevent lifestyle-based health problems.</u></p>
3	20 credits	<p>Apply current scientific knowledge of New Zealand health trends and risks to health, to advocate for <u>health lifestyle choices including healthy eating and good nutrition.</u><del>good nutrition and healthy lifestyle choices.</del></p>
4	10 credits	<p>Provide <u>ethical and</u> culturally safe health, <u>education and advocacy</u> <del>advice</del> to help people maintain <u>wellness</u> <del>physical wellbeing</del> and help prevent lifestyle related disease.</p>

## Transition Information

### Replacement information

N/A

### Additional transition information

~~Version 2 of this qualification was published in February 2022 to transfer Qualification Developer status from Naturopathic College of New Zealand Limited (8167) to Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council (6048).~~

~~The scheduled qualification review date has been set at 31/12/2023.~~

~~It is not intended that any existing candidates are disadvantaged by the outcomes of this review. However, anyone who feels disadvantaged should contact the qualification developer at:~~

~~Toitū te Waiora—Community, Health, Education, and Social Services Workforce Development Council~~

~~PO Box 445~~

~~Wellington 6140~~

~~Telephone: 04 909 0356~~

**Additional transition information / Kō ētahi atu kōrero mō te whakakapi**

**Version Information**

Version 3 of this qualification was published in (XXXX) 2023 following a scheduled review. Please refer to [Qualifications and Assessment Standards Approvals](#) for further information.

The last date for assessment for programmes leading to Version 2 - December 2025.

Any person who considers they have been disadvantaged by these transition arrangements may appeal to Toitū te Waiora at the address below. Appeals will be considered on a case-by-case basis.

[Toitū te Waiora](#)

[PO Box 445](#)

[Wellington 6140](#)

[qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz)