



NEW ZEALAND QUALIFICATIONS FRAMEWORK
TE TAURA HERE TOHU MĀTAURANGA O AOTEAROA

New Zealand Diploma in Holistic Nutrition (Level 6)

New Zealand Diploma in Holistic Nutrition

Qualification Number

3511

Qualification Status

Current

Version Number

~~2~~3

Version Status

Approved

Last Date for Entry

Last Date for Assessment

Qualification Type

Diploma

Level

6

Credits

240

NZSCED

069901 Health>Other Health>Nutrition and Dietetics

Qualification Developer

Toitu te Waiora Community, Health, Education and Social Services Workforce Development Council

Next Review

~~31/12/2023~~

Quality Assurance Body

New Zealand Qualifications Authority

Consistency Review Details

Next Planned Consistency Review

~~2020~~

Outcome Statement

Strategic Purpose Statement

The purpose of this qualification is to provide the complementary health sector with advisors who can apply holistic knowledge of nutrition to assist people in the prevention of health issues.

Graduates will be able to work independently to design and deliver holistic nutrition health care programmes that contribute to people's wellbeing by addressing nutritional and lifestyle health.

Graduate Profile

Graduates of this qualification will be able to:

- Apply holistic knowledge of human nutrition when giving advice to contribute to a client's health and wellbeing.
- Apply scientific knowledge of human anatomy and physiology, ~~biochemistry~~biochemistry, and pathophysiology to inform nutrition and holistic care programmes to contribute to health and wellbeing of clients.
- Assess, implement, ~~monitor~~monitor, and evaluate nutrition and holistic care programmes to maintain client's health.
- Work collaboratively with clients and other health care teams to contribute to health and wellbeing of clients.
- Educate clients on holistic nutritional programmes to prevent nutrition and lifestyle health issues.

Education Pathway

Graduates of the New Zealand Diploma in Nutrition (Level 6) will be able to undertake higher education in the areas of nutrition, health-related disciplines, complementary and natural medicine.

Employment/Cultural/Community Pathway

Graduates are able to work as:

- nutritional advisors
- physical wellness and lifestyle advisors
- retail workers.

Qualification Specifications

Qualification Award

~~This qualification may be awarded by any education organisation accredited under section 250 of the Education Act 1989 to deliver a programme leading to the award of this qualification.~~

~~This qualification may be awarded by an organisation with an approved programme or accreditation to deliver an approved programme leading to this qualification.~~

Evidence requirements for assuring consistency

~~Portfolios of evidence are expected to be based on self-assessment activities, and will include:~~

- ~~- Graduate surveys or evaluations of the programme.~~
- ~~- Employer surveys.~~
- ~~- Graduates' assessment evidence (e.g. completed assessment activities and Moderation reports).~~
- ~~- Any other relevant evidence as appropriate.~~

~~Further information can be found on the NZQA website.~~

~~Evidence may include the following:~~

- ~~Employer surveys to determine if graduates of the qualification are achieving graduate profile outcomes.~~
- ~~Graduate surveys or evaluations of the programme.~~
- ~~A range of workplace evidence demonstrating that graduates meet the graduate profile outcomes.~~

Minimum standard of achievement and standards for grade endorsements

Achieved

Other requirements for the qualification (including regulatory body or legislative requirements)

N/A

General conditions for programme

Graduates are required to have engaged in a minimum of 300 hours of clinically focused learning which must include a minimum of 20 supervised clinical case consultations and follow ups. Each clinical case consultation will be with a new client and will

involve assessment, implementation, monitoring and review of a holistic care programme. This will include a range of clients with diversified nutritional needs.

Programmes must address dietary drug/nutrient contraindications.

Programmes of study must comply with the following legislation and requirements;

- Health and Safety at Work Act 2015,
- Medicines Act 1981
- Medicines Regulations 1984
- Health Practitioners Competence Assurance Act 2003
- Fair Trading Act 1986
- Health and Disability Commissioner Act 1994
- Code of Health & Disability Services Consumer Rights 1996
- Dietary Supplements Regulations 1985
- Privacy Act 1993
- Natural Health and Supplementary Products legislation
- Local authority regulations that apply to clinical practice (if any)
- Tax requirements and responsibilities
- Treaty of Waitangi principles.

Conditions relating to the Graduate Profile

Outcome	Indicative Credits	Conditions
1	80 credits	Apply holistic knowledge of human nutrition when giving advice to contribute to a client's health and wellbeing.
2	85 credits	Apply scientific knowledge of human anatomy and physiology, biochemistry and pathophysiology to inform nutrition and holistic care programmes to contribute to health and wellbeing of clients.
3	50 credits	Assess, implement, monitor and evaluate nutrition and holistic care programmes to maintain client's health.
4	15 credits	Work collaboratively with clients and other health care teams to contribute to health and wellbeing of clients.
5	10 credits	Educate clients on holistic nutritional programmes to prevent nutrition and lifestyle health issues.

Transition Information

Replacement information

N/A

Additional transition information

~~Version 2 of this qualification was published in February 2022 to transfer Qualification Developer status from Naturopathic College of New Zealand Limited (8167) to Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council (6048).~~

~~The scheduled qualification review date has been set at 31/12/2023.~~

~~It is not intended that any existing candidates are disadvantaged by the outcomes of this review. However, anyone who feels disadvantaged should contact the qualification developer at:~~

~~Toitū te Waiora—Community, Health, Education, and Social Services Workforce Development Council~~

~~PO Box 445~~

~~Wellington 6140~~

~~Telephone: 04 909 0356~~

~~Email: qualifications@toitutewaiora.nz~~