

QUALIFICATION DETAILS

Qualification number/Te nama o te tohu mātauranga	3511		
English title/Taitara Ingarihi	New Zealand Diploma in Holistic Nutrition (Level 6)		
Māori title/Taitara Māori			
Version number/Te putanga	3	Qualification type/Te momo tohu	Diploma
Level/Te kaupae	6	Credits/Ngā whiwHINGA	240
NZSCED/Whakaraupapa	069901 Health>Other Health>Nutrition and Dietetics		
Qualification developer/Te kaihanga tohu	Toitu te Waiora Community, Health, Education and Social Services Workforce Development Council		
Review Date /Te rā arotake			

OUTCOME STATEMENT/TE TAUĀKI Ā-HUA

Strategic Purpose statement/ Te rautaki o te tohu
<p>The purpose of this qualification is to provide the complementary health sector with advisors who can apply holistic knowledge of nutrition to assist people in the prevention of health issues.</p> <p>Graduates will be able to work independently to design and deliver holistic nutrition health care programmes that contribute to people's wellbeing by addressing nutritional and lifestyle health.</p>

Graduate Profile/Ngā hua o te tohu
<p>Graduates of this qualification will be able to:</p> <ul style="list-style-type: none"> - Apply holistic knowledge of human nutrition when giving advice to contribute to a client's health and wellbeing. - Apply scientific knowledge of human anatomy and physiology, biochemistry, and pathophysiology to inform nutrition and holistic care programmes to contribute to health and wellbeing of clients. - Assess, implement, monitor, and evaluate nutrition and holistic care programmes to maintain client's health. - Work collaboratively with clients and other health care teams to contribute to health and wellbeing of clients. - Educate clients on holistic nutritional programmes to prevent nutrition and lifestyle health issues.

Education Pathway/ Ngā huarahi mātauranga

Graduates of the New Zealand Diploma in Nutrition (Level 6) will be able to undertake higher education in the areas of nutrition, health-related disciplines, complementary and natural medicine.

Employment, Cultural, Community Pathway/ Ko ngā huarahi ā-mahi, ā-ahurea, ā-whānau, ā-hapū, ā-iwi, ā-hapori anō hoki

Graduates are able to work as:

- nutritional advisors
- physical wellness and lifestyle advisors
- retail workers.

QUALIFICATION SPECIFICATIONS/ NGĀ TAUWHĀITITANGA O TE TOHU

Qualification Award/ Te whakawhiwhinga o te tohu	This qualification may be awarded by an organisation with an approved programme or accreditation to deliver an approved programme leading to this qualification.
Evidence requirements for assuring consistency/ Ngā taunaki hei whakaū i te tauritenga	Evidence may include the following: <ul style="list-style-type: none"> – Employer surveys to determine if graduates of the qualification are achieving graduate profile outcomes. – Graduate surveys or evaluations of the programme. – A range of workplace evidence demonstrating that graduates meet the graduate profile outcomes.
Minimum standard of achievement and standards for grade endorsements/ Te pae o raro e tutuki ai, ngā paerewa hoki hei whakaatu i te taumata o te whakatutukinga	Achieved.
Other requirements for the qualification (including regulatory body or legislative requirements)/ Kō ētahi atu here o te tohu (tae atu hoki ki ngā here ā-hinonga whakamarumarū, ki ngā here ā-ture rānei)	N/A
General conditions for programme/ Ngā tikanga whānui o te hōtaka	Graduates are required to have engaged in a minimum of 300 hours of clinically focused learning which must include a minimum of 20 supervised

	<p>clinical case consultations and follow ups. Each clinical case consultation will be with a new client and will involve assessment, implementation, monitoring, and review of a holistic care programme. This will include a range of clients with diversified nutritional needs.</p> <p>Programmes must address dietary drug/nutrient contraindications.</p> <p>Programmes of study must comply with the following legislation and requirements;</p> <ul style="list-style-type: none"> - Health and Safety at Work Act 2015, - Medicines Act 1981 - Medicines Regulations 1984 - Health Practitioners Competence Assurance Act 2003 - Fair Trading Act 1986 - Health and Disability Commissioner Act 1994 - Code of Health & Disability Services Consumer Rights 1996 - Dietary Supplements Regulations 1985 - Privacy Act 1993 - Natural Health and Supplementary Products legislation - Local authority regulations that apply to clinical practice (if any) - Tax requirements and responsibilities - Treaty of Waitangi principles.
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CONDITIONS RELATING TO THE GRADUATE PROFILE /NGĀ TIKANGA E HĀNGAI ANA KI NGA HUA O TE TOHU

Qualification outcomes/ Ngā hua		Credits/Ngā whiwhinga	Conditions/Ngā tikanga
1	Apply holistic knowledge of human nutrition when giving advice to contribute to a client's health and wellbeing.	80 credits	
2	Apply scientific knowledge of human anatomy and physiology, biochemistry, and pathophysiology to	80 credits	

	inform nutrition and holistic care programmes to contribute to health and wellbeing of clients.		
3	Assess, implement, monitor, and evaluate nutrition and holistic care programmes to maintain client's health.	50 credits	
4	Work collaboratively with clients and other health care teams to contribute to health and wellbeing of clients.	15 credits	
5	Educate clients on holistic nutritional programmes to prevent nutrition and lifestyle health issues.	10 credits	

TRANSITION INFORMATION/ HE KŌRERO WHAKAWHITI

Replacement information/ He kōrero mō te whakakapi	N/A
Additional transition information/ Kō ētahi atu kōrero mō te whakakapi	<p>Version Information</p> <p>Version 3 of this qualification was published in (XXXX) 2023 following a scheduled review. Please refer to Qualifications and Assessment Standards Approvals for further information.</p> <p>The last date for assessment for programmes leading to Version 2 - December 2025.</p> <p>Any person who considers they have been disadvantaged by these transition arrangements may appeal to Toitū te Waiora at the address below. Appeals will be considered on a case-by-case basis.</p> <p>Toitū te Waiora Workforce Development Council PO Box 445 Wellington 6140. 04 909 0356</p>

qualifications@toitutewaiora.nz

www.toitutewaiora.nz.

Please refer to [Qualifications and Assessment Standards Approvals](#) for further information.