

QUALIFICATION DETAILS

Qualification number/Te nama o te tohu mātauranga	3510		
English title/Taitara Ingarihi	New Zealand Diploma in Health Science (Level 5)		
Māori title/Taitara Māori			
Version number/Te putanga	3	Qualification type/Te momo tohu	Diploma
Level/Te kaupae	5	Credits/Ngā whiwhinga	120
NZSCED/Whakaraupapa	010913 Natural and physical sciences>Biology Science>Human Biology		
Qualification developer/Te kaihanga tohu	Toitū te Waiora		
Review Date /Te rā arotake	December 2028		

OUTCOME STATEMENT/TE TAUĀKI Ā-HUA

Strategic Purpose statement/ Te rautaki o te tohu
<p>This qualification is designed to provide the community with advocates who have the knowledge of the human body to support healthy lifestyle choices including healthy eating to help maintain wellness.</p> <p>This qualification is intended for learners who wish to attain a recognised level of competence and scientific knowledge of New Zealand health trends and risks to health. Graduates will be capable of working under supervision in the wellness context.</p> <p>Graduates will use holistic approaches to promote and support the health aspirations of Māori, Pasifika, Tangata Whaikaha and other groups, through ethical interaction with the community within their scope of practice.</p>

Graduate Profile/Ngā hua o te tohu
<p>Graduates of this qualification will be able to:</p> <ul style="list-style-type: none"> • Apply knowledge of healthy lifestyle choices at different life stages to address preventable health problems. • Apply scientific knowledge of the human body to help prevent lifestyle-based health problems. • Apply current scientific knowledge of New Zealand health trends and risks to health, to advocate for healthy lifestyle choices including healthy eating and good nutrition. • Provide ethical and culturally safe health, education, and advocacy to help people

maintain wellness and help prevent lifestyle-related disease.

Education Pathway/ Ngā huarahi mātauranga

Graduates will be able to undertake further education in the areas of nutrition, health-related disciplines, such as health coaches, health science, as well as traditional and complementary medicine.

This qualification can lead to the New Zealand Diploma in Nutrition (Level 6) [Ref:3511].

Employment, Cultural, Community Pathway/ Ko ngā huarahi ā-mahi, ā-ahurea, ā-whānau, ā-hapū, ā-iwi, ā-hapori anō hoki

Graduates of this qualification may be employed in positions such as:

- Wellness Advocate
- Wellness Educator
- Assistant in Hauora Clinic
- Assistant in Health Clinic
- Assistant in Organic or Health Food Shop/Distributor
- Healthy lifestyle blogger/influencer

QUALIFICATION SPECIFICATIONS/ NGĀ TAUWHĀITITANGA O TE TOHU

Qualification Award/ Te whakawhiwhinga o te tohu	This qualification may be awarded by an organisation with an approved programme or accreditation to deliver an approved programme leading to this qualification.
Evidence requirements for assuring consistency/ Ngā taunaki hei whakaū i te tauritenga	Evidence may include the following: <ul style="list-style-type: none">- Graduate surveys or evaluations of the programme.- Any other relevant evidence as appropriate.
Minimum standard of achievement and standards for grade endorsements/ Te pae o raro e tutuki ai, ngā paerewa hoki hei whakaatu i te taumata o te whakatutukinga	Achieved.
Other requirements for the qualification (including regulatory body or legislative requirements)/ Kō ētahi atu here o te tohu (tae atu hoki ki ngā here ā-hinonga whakamarumarū, ki ngā here ā-	Programmes leading to this qualification must adhere to and be consistent with any ethical, legislative, codes of rights or contractual requirements to which the industry or roles is subject, including: <ul style="list-style-type: none">- Health and Safety at Work Act 2015,- Privacy Act 2020,

ture rānei)	<ul style="list-style-type: none"> - Health & Disability Commissioner Act 1994 and subsequent versions to any of the above.
General conditions for programme/ Ngā tikanga whānui o te hōtaka	<p>Programmes must:</p> <ul style="list-style-type: none"> - honour Te Tiriti O Waitangi in the provision of culturally safe health advice. - embrace cultural responsiveness and safety. - reflect knowledge of multicultural practice including Māori and Pacific Models of Health. - adhere to good ethical practice. - reflect New Zealand Ministry of Health Guidelines on Healthy Eating Activity. <p>Enabling Good Lives (EGL) principles include a core set of values that support disabled people now and into the future. Programmes must reflect the Enabling Good Lives (EGL) principles.</p>

CONDITIONS RELATING TO THE GRADUATE PROFILE /NGĀ TIKANGA E HĀNGAI ANA KI NGA HUA O TE TOHU

Qualification outcomes/ Ngā hua		Credits/Ngā whiwhinga	Conditions/Ngā tikanga
1	Apply knowledge of healthy lifestyle choices at different life stages to address preventable health problems.	35 credits	
2	Apply scientific knowledge of the human body to help prevent lifestyle-based health problems.	55 credits	
3	Apply current scientific knowledge of New Zealand health trends and risks to health, to advocate for healthy lifestyle choices including healthy eating and good nutrition.	20 credits	

4	Provide ethical and culturally safe health, education, and advocacy to help people maintain wellness and help prevent lifestyle-related disease.	10 credits	
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TRANSITION INFORMATION/ HE KŌRERO WHAKAWHITI

Replacement information/ He kōrero mō te whakakapi	n/a
Additional transition information/ Kō ētahi atu kōrero mō te whakakapi	<p>Version Information</p> <p>Version 3 of this qualification was published in (XXXX) 2023 following a scheduled review. Please refer to Qualifications and Assessment Standards Approvals for further information.</p> <p>The last date for assessment for programmes leading to Version 2 - December 2025.</p> <p>Any person who considers they have been disadvantaged by these transition arrangements may appeal to Toitū te Waiora at the address below. Appeals will be considered on a case-by-case basis.</p> <p>Toitū te Waiora Workforce Development Council PO Box 445 Wellington 6140. 04 909 0356 qualifications@toitutewaiora.nz www.toitutewaiora.nz.</p> <p>Please refer to Qualifications and Assessment Standards Approvals for further information.</p>