

<b>Title</b>	<b>Provide first aid</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>1</b>

<b>Purpose</b>	People credited with this unit standard are able to provide first aid.
----------------	--

<b>Classification</b>	Health Studies > First Aid
-----------------------	----------------------------

<b>Available grade</b>	Achieved
------------------------	----------

<b>Entry information</b>	
<b>Critical health and safety prerequisites</b>	Unit 6402, <i>Provide basic life support</i>

---

### Guidance Information

#### 1 Assessment conditions

Practices for first aid (knowledge and skills) must be consistent with in the current version of *First Aid as life Skill* document. This guideline is based on high-quality, peer-reviewed and published medical scientific research, and conforms to the relevant New Zealand legislation. It meets accreditation requirements of the Emergency Ambulance Service provisions of NZS 8156:2019.

Competence will be demonstrated or described using a simulated first aid different scenarios developed by the training provider. At least one of these scenarios must include a situational hazard, and one must include loss of response when the patient is breathing normally (singly or in combination).

Accepted practices for first aid include recognising when to call for help, and simple management of condition(s).

The training provider's assessment or scenario checklist must make reference to the Danger, Response, Send for help, Airway, Breathing, Circulation, and Defibrillation action plan ('DRSABCD') - noting that the person is breathing and contain scenario-specific information on how each first aid situation and each person's injuries and medical conditions are expected to be managed.

The assessment or scenario checklist may cover aspects such as the environment, number of people injured or unwell, number and description of bystanders, if an Automated External Defibrillator ('AED') is available for use or not, treatment of injuries and what the learner is expected to do in each situation.

## 2 Reference

*First Aid as a Life Skill – Training Requirements for Quality Provision of Unit Standard-based First Aid Training.* Available at [www.toitutewaioara.nz](http://www.toitutewaioara.nz)

## Outcomes and performance criteria

### Outcome 1

Provide first aid.

### Performance criteria

- 1.1 The person's condition is assessed and managed according to practices outlined in the *First Aid as a Life Skill* document.

Range person's condition includes:  
one trauma from – burns, fractures, soft tissue injuries, poisoning;  
two medical conditions from – heart attack, asthma, stroke, seizure, diabetes.

<b>Planned review date</b>	31 December 2026
----------------------------	------------------

<b>Replacement information</b>	Version 4 of this unit standard, version 4 of unit standard 6400, and version 6 of unit standard 6402 had previously been replaced by unit standard 26551 and unit standard 26552.
--------------------------------	--

### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	30 June 1996	31 December 2013
Review	2	22 December 1999	31 December 2013
Revision	3	10 March 2004	31 December 2015
Review	4	9 December 2010	31 December 2019
Rollover	5	17 December 2012	31 December 2019
Review	6	20 August 2015	31 December 2024
Review	7	xxx month 2022	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0230
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### **Comments on this unit standard**

Please contact Toitū te Waiora [Qualifications@toitutewaiora.nz](mailto:Qualifications@toitutewaiora.nz) if you wish to suggest changes to the content of this unit standard.