

Title	Provide basic life support		
Level	1	Credits	1

Purpose	People credited with this unit standard are able to provide basic life support.
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Classification	Health Studies > First Aid
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Available grade	Achieved
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Explanatory notes

- 1 All knowledge requirements and practice must comply with the current version of the *New Zealand Resuscitation Council Guidelines for Resuscitation* available from www.nzrc.org.nz.

Basic life support, as referred to in the *New Zealand Resuscitation Council Guidelines*, is that phase of emergency care that either:

- a prevents respiratory or circulatory arrest or insufficiency through prompt recognition or intervention; or
- b supports the person to relieve an airway obstruction; or
- c supports the breathing and circulation of a person with cardiopulmonary resuscitation (CPR) and supports the person through accessing an Automated External Defibrillator (AED) where available.

- 2 The *New Zealand Resuscitation Council Guidelines* recommend that persons can be trained in basic life support providing that they are able to understand the principles and the technique(s), and are physically able to apply them. This unit standard can only be achieved by persons who are physically able to apply the technique(s).
- 3 This unit standard and the *New Zealand Resuscitation Council Guidelines* relate to adult, child, and infant basic life support. Basic life support techniques used for evidence requirements 1.2 and 1.3 must be demonstrated in simulated emergency situations for all three age groups.
- 4 Competence will be demonstrated in simulated emergency situations using different scenarios from a pool of scenarios developed by the provider. The scenarios must include the environmental conditions to be managed by the candidate.
- 5 *Environmental conditions* refer to conditions at the emergency scene.

Outcomes and evidence requirements

Outcome 1

Provide basic life support.

Evidence requirements

1.1 Any danger created by the environmental conditions to people present is identified and managed in terms of mitigating any hazardous situation(s).

Range hazardous situation(s) may include but are not limited to – electrocution, drowning, fire, hazardous chemicals, biological risks, presence of bodily fluids, the weather, road traffic accidents.

1.2 Collapsed persons' condition is assessed according to the *New Zealand Resuscitation Council Guidelines for Resuscitation*.

Range responsiveness, airway, breathing.

1.3 Management of the collapsed person is provided according to person's condition.

Range airway patency; breathing support; circulation support (including accessing and attaching an AED where available).

1.4 Management of a foreign body airway obstruction is provided according to the *New Zealand Resuscitation Council Guidelines for Resuscitation*.

Range an adult or child and infant.

Planned review date	31 December 2018
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Replacement information	Version 6 of this unit standard, version 4 of unit standard 6400, and version 4 of unit standard 6401 had previously been replaced by unit standard 26551 and unit standard 26552.
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	30 June 1996	31 December 2013
Review	2	22 December 1999	31 December 2013
Revision	3	10 March 2004	31 December 2013
Revision	4	20 January 2006	31 December 2013
Revision	5	25 July 2006	31 December 2015
Review	6	9 December 2010	31 December 2019
Rollover	7	17 December 2012	31 December 2019
Review	8	20 August 2015	N/A

Consent and Moderation Requirements (CMR) reference	0230
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMR). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact The Skills Organisation reviewcomments@skills.org.nz if you wish to suggest changes to the content of this unit standard.