

Title	Provide basic life support		
Level	2	Credits	2

Purpose	People credited with this unit standard are able to: provide basic life support, manage a foreign body airway obstruction, manage first aid for life threatening bleeding, and provide first aid management for a person in shock.
----------------	--

Classification	Health Studies > First Aid
-----------------------	----------------------------

Available grade	Achieved
------------------------	----------

Guidance Information

- Reference
New Zealand. Toitū te Waiora. (2022). *First Aid as a Life Skill: Training Requirements for Quality Provision of Unit Standard-based First Aid Training*. Available at: [First Aid qualifications - Toitū te Waiora \(toitutewaiora.nz\)](https://www.toitutewaiora.govt.nz/first-aid-qualifications).

- Assessment conditions
Practices for first aid (knowledge and skills) must be consistent with the current version of the *First Aid as a Life Skill* document.

Competence will be demonstrated in a simulated emergency situation. Environmental conditions must be identified and considered for the situation where the assessment takes place.

Assessors must observe learners demonstrating practical skills during the course for summative assessment in line with the current version of the *First Aid as a Life Skill* document.

For Outcome 1:

- Basic life support techniques used must be demonstrated for the following – adult or child, and infant.
- Providers must demonstrate the use of an Automated External Defibrillator (AED).

For Outcome 2:

- In relation to performance criterion 2.1, 'Describe and demonstrate on self' is required, due to the risk of injuries to others and damage to manikins.

For Outcomes 3 and 4:

- i The training provider's assessment checklist must show specific information on how each person's bleeding and shock is expected to be managed. This information may cover aspects such as the environment, number of people injured or unwell, number and description of bystanders.

3 Definitions

Adult – according to the *First Aid as a Life Skill document* guidelines refers to a person over the age of eight.

Basic life support, is that phase of emergency care that either:

- a prevents respiratory or circulatory arrest or insufficiency through prompt recognition or intervention; or
- b supports the person to relieve an airway obstruction; or
- c supports the breathing and circulation of a person with cardiopulmonary resuscitation (CPR) and supports the person through accessing an AED where available.

Child – according to the *First Aid as a Life Skill document* guidelines refers to a person one to eight years of age.

Infant – according to the *First Aid as a Life Skill document* guidelines refers to a person younger than one year of age.

DRSABCD – algorithm for basic life support, the action plan includes Danger, Response, Send for help, Airway, Breathing, Cardiopulmonary resuscitation, and Defibrillation. *C* in *DRSABCD* can also refer to Circulation in situations of life-threatening bleeding.

Environmental conditions refer to conditions at the emergency scene.

Outcomes and performance criteria

Outcome 1

Provide basic life support.

Range person is not breathing normally and is unresponsive.

Performance criteria

1.1 Apply the DRSABCD algorithm.

1.2 Assess collapsed person's condition.

Range responsiveness, airway, breathing.

1.3 Manage the collapsed person's condition.

Range airway patency; breathing support (CPR); circulation support.

1.4 Describe when and how to attach an AED.

Outcome 2

Manage a foreign body airway obstruction.

Performance criteria

- 2.1 Demonstrate hand positioning on the chest on self, and describe the administration of back blows, and how to manage a foreign body airway obstruction for an adult or child.
- 2.2 Demonstrate on a manikin how to manage a foreign body airway obstruction for an infant.

Outcome 3

Manage first aid for life-threatening bleeding.

Performance criteria

- 3.1 Manage bleeding in a life-threatening situation.
- 3.2 Describe when managing bleeding takes priority over CPR in a life-threatening situation, and when a tourniquet may be required.

Outcome 4

Provide first aid management for a person in shock.

Performance criteria

- 4.1 Provide first aid and describe the management of a person in shock.
- 4.2 Demonstrate the recovery position.

Planned review date	31 December 2027
----------------------------	------------------

Replacement information	Version 6 of this unit standard, version 4 of unit standard 6400, and version 4 of unit standard 6401 had previously been replaced by unit standard 26551 and unit standard 26552.
--------------------------------	--

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	30 June 1996	31 December 2013
Review	2	22 December 1999	31 December 2013

Process	Version	Date	Last Date for Assessment
Revision	3	10 March 2004	31 December 2013
Revision	4	20 January 2006	31 December 2013
Revision	5	25 July 2006	31 December 2015
Review	6	9 December 2010	31 December 2019
Rollover	7	17 December 2012	31 December 2019
Review	8	20 August 2015	31 December 2024
Review	9	25 May 2023	N/A

Consent and Moderation Requirements (CMR) reference	0230
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council info@toitutewaiora.nz if you wish to suggest changes to the content of this unit standard.