

## QUALIFICATION DETAILS

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|--|---|--|---------|
| <b>Qualification number/Te nama o te tohu mātauranga</b> | XXXX  |  |         |
| <b>English title/Taitara Ingarihi</b>                    | New Zealand Diploma in Health Science (Level 6)   |  |         |
| <b>Māori title/Taitara Māori</b>                         |   |  |         |
| <b>Version number/Te putanga</b>                         | 1   | <b>Qualification type/Te momo tohu</b> | Diploma |
| <b>Level/Te kaupae</b>                                   | 6   | <b>Credits/Ngā whiwHINGA</b>           | 120     |
| <b>NZSCED/Whakaraupapa</b>                               | 010913 Natural and physical sciences>Biology Science>Human Biology                              |  |         |
| <b>Qualification developer/Te kaihanga tohu</b>          | Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council |  |         |
| <b>Review Date /Te rā arotake</b>                        | xxxx  |  |         |

## OUTCOME STATEMENT/TE TAUĀKI Ā-HUA

### Strategic Purpose statement/ Te rautaki o te tohu

This qualification is designed to provide the community with advocates who want to specialise in applying knowledge of the human body to support health and wellbeing.

This qualification is intended for learners with knowledge of health and wellbeing skills to design and evaluate solutions and outcomes for individuals, groups, and communities.

Graduates of this qualification will have the advanced skills and knowledge of holistic approaches and wellbeing to support the health aspirations of Māori, Pasifika, Tangata Whaikaha and other groups, through ethical interaction with the community within their scope of practice.

### Graduate Profile/Ngā hua o te tohu

Graduates of this qualification will be able to:

- Evaluate the social, biological, cultural, and environmental factors that influence health and lifestyle to determine an individual's health and wellbeing,
- Evaluate the philosophies and principles of evidence based, traditional, cultural, and sustainable approaches for healthy eating to establish well-being outcomes,
- Apply the principles of nutrition and dietary modification to prevent and manage health imbalances,
- Analyse pathophysiological responses of the human body which may lead to homeostatic imbalance to inform health promotion,

- Evaluate and advocate evidence based dietary plans for promoting enhanced health and healthy lifestyles,
- Apply the principles and practices of coaching to healthy lifestyle pathways and planning to improve lifestyle outcomes.

### Education Pathway/ Ngā huarahi mātauranga

This qualification builds on the New Zealand Diploma in Health Science (Level 5) [Ref: 3510] and may lead to further education in the areas of nutrition, health-related disciplines e.g., health coaches, health science, as well as traditional and complementary medicine.

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### Employment, Cultural, Community Pathway/ Ko ngā huarahi ā-mahi, ā-ahurea, ā-whānau, ā-hapū, ā-iwi, ā-hapori anō hoki

Graduates of this qualification may be employed in positions such as:

- Community Wellness Advocate,
- Wellness Educator,
- Wellness Policy Writer,
- Healthy lifestyle blogger/influencer,
- Health Coach.

## QUALIFICATION SPECIFICATIONS/ NGĀ TAUWHĀITITANGA O TE TOHU

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| Qualification Award/ Te whakawhiwhinga o te tohu  | This qualification may be awarded by any tertiary education organisation with an approved programme or accreditation to deliver an approved programme leading to this qualification.  |
| Evidence requirements for assuring consistency/ Ngā taunaki hei whakaū i te tauritenga  | Evidence may include the following: <ul style="list-style-type: none"> <li>- Employer surveys to determine if graduates of the qualification are achieving graduate profile outcomes.</li> <li>- A range of workplace evidence demonstrating that graduates meet the graduate profile outcomes</li> </ul> |
| Minimum standard of achievement and standards for grade endorsements/ Te pae o raro e tutuki ai, ngā paerewa hoki hei whakaatu i te taumata o te whakatutukinga | Achieved.   |

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| <p>Other requirements for the qualification (including regulatory body or legislative requirements)/ Kō ētahi atu here o te tohu (tae atu hoki ki ngā here ā-hinonga whakamarumarū, ki ngā here ā-ture rānei)</p> | <p>N/A</p>  |
| <p>General conditions for programme/ Ngā tikanga whānui o te hōtaka</p>   | <p>Programmes leading to this qualification must adhere to and be consistent with any ethical, legislative, codes of rights or contractual requirements to which the industry or roles is subject, including:</p> <ul style="list-style-type: none"> <li>- Health and Safety at Work Act 2015,</li> <li>- Privacy Act 2020,</li> <li>- Health &amp; Disability Commissioner Act 1994,</li> </ul> <p>and subsequent amendments to any of the above.</p> <p>Programmes must:</p> <ul style="list-style-type: none"> <li>- honour Te Tiriti O Waitangi in the provision of culturally safe health advice,</li> <li>- embrace cultural responsiveness and safety,</li> <li>- reflect knowledge of multicultural practice including Māori and Pacific Models of Health,</li> <li>- adhere to good ethical practice,</li> <li>- reflect New Zealand Ministry of Health Guidelines on Healthy Eating Activity,</li> <li>- reflect the Enabling Good Lives principles (which include a core set of values that support disabled people now and into the future).</li> </ul> |

**CONDITIONS RELATING TO THE GRADUATE PROFILE /NGĀ TIKANGA E HĀNGAI ANA KI NGA HUA O TE TOHU**

| Qualification outcomes/ Ngā hua |  | Credits/Ngā whiwhinga | Conditions/Ngā tikanga |
|---------------------------------|--|-----------------------|------------------------|
| 1                               | Evaluate the social, biological, cultural, and environmental factors that influence health and lifestyle to determine an individual's health and wellbeing.        | 20 credits            |                        |
| 2                               | Evaluate the philosophies and principles of evidence based, traditional, cultural, and sustainable approaches for healthy eating to establish well-being outcomes. | 20 credits            |                        |
| 3                               | Apply the principles of nutrition and dietary modification to prevent and manage health imbalances.  | 20 credits            |                        |
| 4                               | Analyse pathophysiological responses of the human body which may lead to homeostatic imbalance to inform health promotion.   | 20 credits            |                        |
| 5                               | Evaluate and advocate evidence based dietary plans for promoting enhanced health and healthy lifestyles  | 20 credits            |                        |
| 6                               | Apply the principles and practices of coaching to healthy lifestyle pathways and planning to improve lifestyle outcomes.   | 20 credits            |                        |

## TRANSITION INFORMATION/ HE KŌRERO WHAKAWHITI

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|--|---|
| Replacement information/ He kōrero mō te whakakapi                     | N/A   |
| Additional transition information/ Kō ētahi atu kōrero mō te whakakapi | Version Information<br>Please refer to <a href="#">Qualifications and Assessment Standards Approvals</a> for further information. |

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