

## QUALIFICATION DETAILS

<b>Qualification number / Te nama o te tohu mātauranga</b>	(NZQA will provide)		
<b>English title / Taitara Ingarihi</b>	New Zealand Diploma in Health Sciences (Level 7)		
<b>Māori title / Taitara Māori</b>			
<b>Version number / Te putanga</b>	1	<b>Qualification type / Te momo tohu</b>	Diploma
<b>Level / Te kaupae</b>	7	<b>Credits / Ngā whiwhinga</b>	240
<b>NZSCED / Whakaraupapa</b>	010913: Natural and Physical Sciences > Biological Sciences > Human Biology		
<b>Qualification developer / Te kaihanganga tohu</b>	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council		
<b>Review Date / Te rā arotake</b>	2028		

## OUTCOME STATEMENT / TE TAUĀKI Ā-HUA

<b>Strategic Purpose statement / Te rautaki o te tohu</b>
<p>The purpose of this qualification is to provide the community with naturopaths and nutritionists who can apply in-depth scientific knowledge of the human body to assist people with the prevention of lifestyle-based health issues and health conditions or diseases.</p> <p>Graduates will be able to work as practising Naturopaths or Nutritionists to provide good naturopathic nutrition advice based on current health science and wellness trends.</p>

<b>Graduate Profile / Ngā hua o te tohu</b>
<p>Graduates of this qualification will be able to:</p> <ul style="list-style-type: none"> <li>• Apply knowledge of nutritional biochemistry and dietary modifications to clients across a range of health states to prevent and manage health imbalances.</li> <li>• Apply herbal medicine materia medica to advise clients across a range of health states to prevent and manage health imbalances and restore wellbeing.</li> <li>• Apply knowledge of pharmaceutical drugs and their interactions within the context of a natural therapies practice.</li> <li>• Apply a range of complementary therapy approaches and evaluate their effectiveness in association with natural therapies practice.</li> <li>• Identify and apply the key principles, concepts and techniques of the major frameworks of counselling in relation to clinical practice and consultation.</li> <li>• Evaluate clinical diagnostic data within a natural therapies' context for a range of health states.</li> <li>• Provide professional culturally safe health advice in a clinical environment to help maintain wellbeing as well as prevent and manage health imbalances</li> <li>• Establish and manage the operation of a natural therapies practice or clinic.</li> </ul>

<b>Education Pathway / Ngā huarahi mātauranga</b>
Graduates will be able to undertake higher education in the areas of naturopathy, nutrition, health-related disciplines, health science, as well as complementary and natural medicine.

<b>Employment, Cultural, Community Pathway / Ko ngā huarahi ā-mahi, ā-ahurea, ā-whānau, ā-hapū, ā-iwi, ā-hapori anō hoki</b>
Graduates are able to work as: <ul style="list-style-type: none"> <li>• Naturopaths</li> <li>• Nutritionists and Lifestyle Coaches</li> <li>• Health and Nutrition Advisors</li> </ul>

### QUALIFICATION SPECIFICATIONS / NGĀ TAUWHĀITITANGA O TE TOHU

Qualification Award / Te whakawhiwhinga o te tohu	This qualification can be awarded by an organisation which has an approved program of study or industry training program leading to the qualification.
Evidence requirements for assuring consistency / Ngā taunaki hei whakaū i te tauritenga	Evidence may include but are not limited to the following: <ul style="list-style-type: none"> <li>• analysis of feedback graduates which demonstrates how well graduates are meeting the graduate outcomes in the workplace.</li> <li>• evidence of effective internal quality assurance systems to assure that graduates meet the graduate outcomes of the qualification.</li> <li>• analysis of portfolios of assessment samples demonstrating the range of student performance within a programme and that the graduate outcomes have been met.</li> </ul>
Minimum standard of achievement and standards for grade endorsements / Te pae o raro e tutuki ai, ngā paerewa hoki hei whakaatu i te taumata o te whakatutukinga	Achieved
Other requirements for the qualification (including regulatory body or legislative requirements) / Kō ētahi atu here o te tohu (tae atu hoki ki ngā here ā-hinonga whakamarumarū, ki ngā here ā-ture rānei)	Entry requirements: <ul style="list-style-type: none"> <li>• The New Zealand Diploma in Health Science (Level 5) [Ref:3510], or equivalent skills and knowledge, experience, and/or qualification(s).</li> <li>• Current First Aid Certificate.</li> </ul>
General conditions for programme / Ngā tikanga whānui o te hōtaka	Programmes leading to this qualification must adhere to and be consistent with any ethical, legislative, codes of rights or contractual requirements to which the industry or roles is subject, including: <ul style="list-style-type: none"> <li>• NZ Health Charter (Ethical Framework);</li> <li>• NZ Ministry of Health Eating and activity guidelines</li> <li>• Food Act 2014;</li> </ul>

	<ul style="list-style-type: none"> <li>• Food Standards Australia New Zealand Act 1991;</li> <li>• NZ Health Strategy;</li> <li>• Health and Safety at Work Act 2015;</li> <li>• Privacy Act 2020;</li> <li>• Health &amp; Disability Commissioner Act 1994;</li> <li>• The Medicines Act 1981.</li> </ul> <p>and subsequent amendments to any of the above.</p> <p>In addition, programmes must:</p> <ul style="list-style-type: none"> <li>• honour Te Tiriti o Waitangi in the provision of culturally safe health advice;</li> <li>• embrace cultural responsiveness and safety;</li> <li>• reflect knowledge of multicultural practice including Māori and Pacific Models of Health;</li> <li>• adhere to good ethical practice;</li> <li>• reflect the Enabling Good Lives (EGL) principles which include a core set of values that support disabled people now and into the future - <a href="https://www.enablinggoodlives.co.nz/">https://www.enablinggoodlives.co.nz/</a>.</li> </ul>
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**CONDITIONS RELATING TO THE GRADUATE PROFILE / NGĀ TIKANGA E HĀNGAI ANA KI NGA HUA O TE TOHU**

Qualification outcomes / Ngā hua		Credits / Ngā whiwhinga	Conditions / Ngā tikanga
1	Apply knowledge of nutritional biochemistry and dietary modifications to clients across a range of health states to prevent and manage health imbalances.	<b>60 credits</b>	
2	Apply herbal medicine materia medica to advise clients across a range of health states to prevent and manage health imbalances and restore wellbeing.	<b>30 credits</b>	
3	Apply knowledge of pharmaceutical drugs and their interactions within the context of a natural therapies practice.	<b>15 credits</b>	
4	Apply a range of complementary therapy approaches and evaluate their effectiveness in association with natural therapies practice.	<b>30 credits</b>	
5	Identify and apply the key principles, concepts and techniques of the major frameworks of counselling in relation to clinical practice and consultation.	<b>15 credits</b>	
6	Evaluate clinical diagnostic data within a natural therapies' context for a range of health states.	<b>20 credits</b>	

7	Provide professional culturally safe health advice in a clinical environment to help maintain wellbeing as well as prevent and manage health imbalances.	<b>55 credits</b>	
8	Establish and manage the operation of a natural therapies practice or clinic.	<b>15 credits</b>	

### TRANSITION INFORMATION / HE KŌRERO WHAKAWHITI

Replacement information / He kōrero mō te whakakapi	This qualification replaces the Advanced Diploma in Health Sciences (Naturopathy and Nutrition) (Level 7) [Ref: 3727].
Additional transition information / Kō ētahi atu kōrero mō te whakakapi	<p><b>Version Information</b></p> <p>This qualification was published in (Month) 2024 following a scheduled review. Please refer to <a href="#">Qualifications and Assessment Standards Approvals</a> for further information.</p> <p>The last date for assessment for programmes leading to the replaced qualification is 31 December 2025.</p> <p>It is not intended that any existing candidates are disadvantaged by the outcomes of this review.</p> <p>Any person who considers they have been disadvantaged by these transition arrangements may appeal to Toitū te Waiora Workforce Development Council at the address below. Appeals will be considered on a case-by-case basis.</p> <p>Toitū te Waiora Workforce Development Council PO Box 445 Wellington 6140.</p> <p>Phone: 04 909 0356 Email: <a href="mailto:qualifications@toitutewaiora.nz">qualifications@toitutewaiora.nz</a> Web: <a href="http://www.toitutewaiora.nz">www.toitutewaiora.nz</a></p>