

3D**Manage own wellness in a prison environment**

Kaupae Level	3
Whiwhinga Credit	5
Whāinga Purpose	<p>This skill standard is for a person working as a Corrections Officer in a prison environment.</p> <p>People credited with this skill standard will be able to identify, employ, and reflect upon, strategies to manage own wellness when working in a prison environment.</p> <p>This standard aligns with the outcomes of the New Zealand Certificate in Prisoner Management (Level 3) [Ref: 2658].</p>

Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako Learning outcomes	Paearu aromatawai Assessment criteria
1. Identify factors that could influence own wellness in a prison environment.	a. Summarise personal factors that could influence own wellness.
	b. Summarise prison environment factors that could influence own wellness.
	c. Identify and outline resources available to support own wellness when working in a prison environment.
	d. Document how own wellness impacts on working in a prison environment.
2. Develop, employ and reflect on a strategy to manage own wellness in a prison environment.	a. Develop a strategy to support own wellness when working in a prison environment.
	b. Apply a strategy to support own wellness when working in a prison environment.
	c. Reflect on outcomes of applying a strategy to support own wellness in a prison environment and make changes as necessary.

Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

Definitions:

- A *prison environment* refers to a setting that replicates the conditions, structure, and dynamics of a correctional facility. This includes actual prisons, and any time prisoners are managed outside of the confines of a prison.

Ngā momo whiwhinga | Grades available

Achieved.

Ihirangi waitohu | Indicative content

- Organisational policies and procedures regarding health and wellbeing.
- Managing health and wellbeing issues.
- Management of stress.
- Stress and anxiety indicators.
- Solution-based outcomes for managing stress.

Rauemi | Resources

Legislation relevant to this skill standard may include but is not limited to:

- Banaghan, J. (n.d.). *Appendix One: Ara Poutama A2 V3*. New Zealand Department of Corrections. Available at https://www.corrections.govt.nz/data/assets/pdf_file/0005/36275/Banaghan_article_Appendix_One_Ara_Poutama_A2_V3.pdf
- Department of Corrections. (2020). *Hōkai Rangi Strategy*. New Zealand Department of Corrections. Available at https://www.corrections.govt.nz/data/assets/pdf_file/0003/38244/Hokai_Rangi_Strategy.pdf
- Department of Corrections. (2021). *Corrections Wahine: E rere ana ki te pae hou 2021–2025*. New Zealand Department of Corrections. Available at https://www.corrections.govt.nz/data/assets/pdf_file/0004/44644/Corrections_Wahine_-_E_rere_ana_ki_te_pae_hou_2021_-_2025.pdf
- Department of Corrections. (n.d.). *FVSV: Te Aorerekura Implementation Plan v12*. New Zealand Department of Corrections. Available at https://www.corrections.govt.nz/data/assets/pdf_file/0009/49878/FVSV_-_Te_Aorerekura_Implementation_Plan_v12_-_DIGITAL.pdf
- Department of Corrections. (n.d.). *Policy and legislation*. New Zealand Department of Corrections. Available at https://www.corrections.govt.nz/resources/policy_and_legislation
- Department of Corrections. (n.d.). *Prison Operations Manual*. New Zealand Department of Corrections. Available at https://www.corrections.govt.nz/resources/policy_and_legislation/Prison-Operations-Manual
- New Zealand Legislation. (2004). *Corrections Act 2004* (No. 50). New Zealand Government. Available at <https://www.legislation.govt.nz/act/public/2004/0050/latest/DLM294849.html>
- New Zealand Legislation. (2005). *Corrections (Rehabilitation of Offenders) Regulations 2005* (SR 2005/53). New Zealand Government. Available at <https://www.legislation.govt.nz/regulation/public/2005/0053/latest/DLM315417.html>
- New Zealand Legislation. (2015). *Health and Safety at Work Act 2015* (No. 70). New Zealand Government. Available at <https://www.legislation.govt.nz/act/public/2015/0070/latest/DLM5976660.html>
- New Zealand Legislation. (2024). *Gangs Act 2024*. Available at <https://www.legislation.govt.nz/act/public/2024/0036/latest/LMS939334.html>

- Young, D. (n.d.). *Prison policy, prison regime, and prisoners' rights in NZ*. New Zealand Human Rights Commission. Available at https://www.hrc.co.nz/files/6414/2550/8365/Young_year_-_Prison_policy_prison_regime_and_prisoners_rights_in_NZ.pdf

And any subsequent amendments or replacements.

Pārongo Whakaū Kounga | Quality assurance information

Ngā rōpū whakatau-paerewa Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council SSB Code: 6048
Whakaritenga Rārangi Paetae Aromatawai DASS classification	Society and Culture>Justice and Law Enforcement>Justice and Law Enforcement not elsewhere classified.
Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga CMR	121 (subject to revision) www.nzqa.govt.nz/framework/search/results.do

Hātepe Process	Putanga Version	Rā whakaputa Review Date	Rā whakamutunga mō te aromatawai Last date for assessment
Rēhitatanga Registration	1	1 December 2025	N/A
Kōrero whakakapinga Replacement information	N/A		
Rā arotake Planned review date	30 December 2029		

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at qualifications@toitutewaiora.nz to suggest changes to the content of this skill standard.