3.7   Identify the principles and practice of Enabling Good Lives

Kaupae | Level	3
Whiwhinga | Credit	5
Whāinga | Purpose	This skill standards equips learners with the knowledge to identify the principles and practice of Enabling Good Lives (EGL). This standard aligns with the outcomes of the New Zealand Certificate in Disability Support (Level 3).

Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako | Learning outcomes	**Paearu aromatawai |** Assessment criteria
1. Describe the vision and principles of Enabling Good Lives.	a. Describe the vision of Enabling Good Lives.
	b. Identify Enabling Good Lives principles.
	c. Explain how the principles of Enabling Good Lives enhance a person's choice, control, and inclusion.
2. Describe the key features of Enabling Good Lives.	a. Identify the five key characteristics of the Enabling Good Lives approach.
	b. Explain the objectives of Enabling Good Lives.
3. Examine the implementation of Enabling Good Lives in Aotearoa New Zealand.	a. Outline the development of Enabling Good Lives.
	b. Describe how Enabling Good Lives was introduced at local and national levels.
	c. Examine how the introduction of Enabling Good Lives has changed disability support practice.
4. Identify ways to uphold Enabling Good Lives principles that support a person to live an ordinary life.	a. Explain how Enabling Good Lives informs person-directed support.
	b. Describe how barriers may affect upholding Enabling Good Lives principles.
	c. Identify strategies to uphold Enabling Good Lives principles in everyday disability support practice.

Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

Assessment specifications:

For assessment purposes:

- Learners must demonstrate clear application of Enabling Good Lives (EGL) principles.

Evidence provided for the assessment of this skill standard must be gathered:

- in a disability support setting.
- in accordance with workplace or organisational policies and procedures.

Definitions:

Support – should aim to maximise a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

Ngā momo whiwhinga | *Grades available*

Achieved

Ihirangi waitohu | Indicative content

Could include, but is not limited to:

Enabling Good Lives (EGL) vision and principles

- The EGL vision: disabled people and whānau having greater choice and control over their lives.
- The eight principles of EGL: self-determination, beginning early, person-directed, ordinary life outcomes, mainstream first, mana-enhancing, easy to use, relationship building.
- How EGL principles align with the New Zealand Disability Strategy, the social model of disability, Te Tiriti o Waitangi, and the CRPD.
- How EGL principles support a disabled person's choice, control, inclusion, mana, and participation.

EGL features and objectives

- Overview of the five key characteristics of the EGL approach:
  o Self-directed planning and facilitation
  o Individualised and portable funding
  o Recognising the person in their wider social context
  o Strengthening family and whānau connections
  o Building natural supports through community engagement.
- EGL's objective to transform the disability support system into one that is person-directed, flexible, and community-connected.

Implementation of EGL in Aotearoa New Zealand
- Development of EGL: the 2011 report and the response to traditional disability service models.
- Key sites of implementation: Waikato, Christchurch, Mid-Central (Mana Whaikaha)
- Localised and national approaches to trialling, adapting, and embedding EGL principles.
- Examples of how EGL has changed disability support practice (e.g., more flexible funding, greater involvement of whānau, more responsive planning processes).

Upholding EGL in practice
- What person-directed support looks like in practice (e.g., enabling informed decision-making, respecting preferences, supporting aspirations).
- Common barriers to upholding EGL (e.g., lack of understanding, rigid funding systems, organisational policies, attitudes).
- Strategies that support implementation:
  o Promoting disabled leadership
  o Strengthening communication and planning
  o Collaborating with whānau and community
  o Advocating for systemic change where needed.
- Supporting a disabled person to live an ordinary life in a way that reflects their goals, identity, and community.

Rauemi | Resources

Recommended resources:

- Enabling Good Lives. (2011). *How Enabling Good Lives started – the August 2011 report*. https://www.enablinggoodlives.co.nz/about-egl/egl-background/1-how-enabling-good-lives-started-the-august-2011-report/. Retrieved July 25, 2025.
- Enabling Good Lives. *Enabling Good Lives*. https://www.enablinggoodlives.co.nz/
- Health and Disability Commissioner. (1996). *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*. https://www.hdc.org.nz/your-rights/about-the-code/code-of-health-and-disability-services-consumers-rights/. Retrieved July 25, 2025.
- Ministry of Health. (2016). *New Zealand Disability Strategy 2016–2026*. https://www.whaikaha.govt.nz/assets/About-us/Disability-Strategy/pdf-nz-disability-strategy-2016.pdf. Retrieved July 25, 2025.
- Ministry of Social Development. *Enabling Good Lives Christchurch*. Retrieved July 10, 2025, from https://www.enablinggoodlives.co.nz/enabling-good-lives-leadership-sites/enabling-good-lives-christchurch/. Retrieved July 25, 2025.
- Ministry of Social Development. *Enabling Good Lives Waikato*. Retrieved July 10, 2025, from https://www.enablinggoodlives.co.nz/enabling-good-lives-leadership-sites/enabling-good-lives-waikato/. Retrieved July 25, 2025.
- New Zealand Government. (1990). *New Zealand Bill of Rights Act 1990*. https://www.legislation.govt.nz/act/public/1990/0109/latest/whole.html. Retrieved July 25, 2025.
- New Zealand Government. (1993). *Human Rights Act 1993*. https://www.legislation.govt.nz/act/public/1993/0082/latest/whole.html. Retrieved July 25, 2025.
- New Zealand Government. (2001). *Health and Disability Services (Safety) Act 2001*. https://www.legislation.govt.nz/act/public/2001/0093/latest/DLM119975.html. Retrieved July 25, 2025.
- New Zealand Ministry of Justice. *Convention on The Rights of Persons with Disabilities (CRPD)*. https://www.justice.govt.nz/justice-sector-policy/constitutional-issues-and-human-rights/human-rights/international-human-rights/crpd/. Retrieved July 25, 2025.
- Standards New Zealand. (2021). *Ngā Paerewa Health and Disability Services Standard (NZS 8134:2021)*. https://www.standards.govt.nz/shop/nzs-81342021
- Waitangi Tribunal. *Māori and English versions of the Treaty*. https://www.waitangitribunal.govt.nz/en/about/the-treaty/maori-and-english-versions. Retrieved July 25, 2025.
- Whaikaha – Ministry of Disabled People. *Learn about Enabling Good Lives*. https://www.disabilitysupport.govt.nz/disabled-people/learn-about-enabling-good-lives. Retrieved July 25, 2025.

Pārongo Whakaū Kounga | Quality assurance information

Ngā rōpū whakatau-paerewa | Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
Whakaritenga Rārangi Paetae Aromatawai | DASS classification	Community and Social Services > Health, Disability, and Aged Support > Supporting People with Disabilities
Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga | CMR	0121 www.nzqa.govt.nz/framework/search/results.do

Hātepe | Process	Putanga | Version	Rā whakaputa | Review Date	Rā whakamutunga mō te aromatawai | Last date for assessment
Rēhitatanga | Registration	1	DD MM YYYY	N/A
Kōrero whakakapinga | Replacement information	This replaces the Level 4 standard: • Describe the Enabling Good Lives initiative [32385].		
Rā arotake | Planned review date	31 December 2029		

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at qualifications@toitutewaiora.nz to suggest changes to the content of this skill standard.