

## 400XX Provide basic life support

<b>Kaupae   Level</b>	2
<b>Whiwhinga   Credit</b>	1
<b>Whāinga   Purpose</b>	<p>People credited with this skill standard are able to provide basic life support.</p> <p>This skill standard may be used in programmes of study leading to New Zealand qualifications, <i>Manage first aid in an emergency situation</i> (micro-credential) (Ref: XXXX), and <i>Foundation first aid</i> (micro-credential) (Ref: XXXX).</p>

### Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako   Learning outcomes	Paearu aromatawai   Assessment criteria
1. Provide basic life support.	a. Manage a collapsed person who is unresponsive and not breathing normally.
	b. Manage a foreign body airway obstruction.
	c. Manage severe and life-threatening bleeding.
	d. Manage a person in shock.

### Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

For assessment purposes:

- Assessment must comply with the latest version of the *First Aid as a Life Skill*, available from Toitū Te Waioira at <https://toitutewaioira.nz/first-aid-as-a-life-skill/>
- Competence must be demonstrated in a simulated emergency situation via demonstration on another person or manikin.
- Assessment criterion 1a must follow the *Dangers, Response, Send for help, Airway, Breathing, CPR, Defibrillation* (DRSABCD) mnemonic, including checking for scene safety, assessing responsiveness, sending for help, opening and checking the airway, checking for breathing, performing Cardiopulmonary resuscitation (CPR), and use of an Automated External Defibrillator (AED). Demonstration must be performed on either an adult or a child in its entirety, and on an infant, with the exception of AED use.
- Assessment criterion 1b must include the management of a foreign body airway obstruction. Demonstration must be performed on either an adult or a child, and on an infant.
- Assessment criterion 1c must identify and manage severe and life-threatening bleeding, and use of a tourniquet.
- Assessment criterion 1d must include demonstration of placing a collapsed person who is unresponsive and breathing normally in the stable-side / recovery position.

Definitions:

- Age ranges are defined in *First Aid as a Life Skill* as adult (aged eight years or over), child (aged between one and eight years of age), and infant (younger than one year old).

**Ngā momo whiwhinga** | Grades available

Achieved.

**Ihirangi waitohu** | Indicative content

- DRSABCD mnemonic.
- CPR through chest compressions and ventilations.
- Use of an AED.
- Foreign body airway obstructions.
- Severe bleeding in a life-threatening situation and use of a tourniquet.
- Shock.
- Stable-side / recovery position.

**Rauemi** | Resources

Toitū te Waiora. (n.d.). *First Aid as a Life Skill: Training Requirements for Quality Provision of Unit Standard-based and Revalidation First Aid Training and Assessment*. Available at: <https://toitutewaiora.nz/first-aid-as-a-life-skill/>

**Pārongo Whakaū Kouna** | Quality assurance information

<b>Ngā rōpū whakatau-paerewa</b>   Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
<b>Whakaritenga Rārangi Paetae Aromatawai</b>   DASS classification	Health Studies > First Aid
<b>Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga</b>   CMR	0230

<b>Hātepe</b>   Process	<b>Putanga</b>   Version	<b>Rā whakaputa</b>   Review Date	<b>Rā whakamutunga mō te aromatawai</b>   Last date for assessment
<b>Rēhitatanga</b>   Registration	1	dd mm 2025	N/A
<b>Arotakenga</b>   Review			
<b>Kōrero whakakapinga</b>   Replacement information	N/A		
<b>Rā arotake</b>   Planned review date	31 December 2030		

Please contact Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council [[info@toitutewaiora.nz](mailto:info@toitutewaiora.nz)] if you wish to suggest changes to the content of this skill standard.