

## 400XX Provide first aid

<b>Kaupae   Level</b>	2
<b>Whiwhinga   Credit</b>	1
<b>Whāinga   Purpose</b>	<p>People credited with this skill standard are able to provide first aid.</p> <p>This skill standard may be used in programmes of study leading to New Zealand qualifications and <i>Manage first aid in an emergency situation</i> (micro-credential) (Ref: XXXX) and <i>Foundation first aid</i> (micro-credential) (Ref: XXXX).</p>
<b>Whakaakoranga me mātua oti   Pre-requisites</b>	Skill standard 40XXX – <i>Provide basic life support</i>

### Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako   Learning outcomes	Paearu aromatawai   Assessment criteria
1. Provide first aid.	a. Assess a person's condition.
	2. Manage a person's trauma and medical emergency.

### Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

For assessment purposes:

- Assessment must comply with the latest version of the *First Aid as a Life Skill*, available from Toitū Te Waioira at <https://toitutewaioira.nz/first-aid-as-a-life-skill/>
- Competence will be demonstrated using simulated first aid incidents developed by the training provider.
- Assessment criterion 1b must include at least one example of trauma from – burns, fractures, dislocations, soft tissue injuries, poisoning, and at least one example of a medical emergency from – heart attack, asthma exacerbation, stroke, seizure, diabetic emergency, severe allergic reaction.

### Ngā momo whiwhinga | Grades available

Achieved.

### Ihirangi waitohu | Indicative content

- Recognition of accepted first aid practices including identifying dangers, knowing when to seek help, and providing simple management of condition(s).
- First aid for trauma – burns, fractures, dislocations, soft tissue injuries, poisoning, and medical conditions – heart attack, asthma exacerbation, stroke, seizure, diabetic emergency, severe allergic reaction.

**Rauemi | Resources**

Toitū te Waiora. (n.d.). *First Aid as a Life Skill: Training Requirements for Quality Provision of Unit Standard-based and Revalidation First Aid Training and Assessment*. Available at:

<https://toitutewaiora.nz/first-aid-as-a-life-skill/>

**Pārongo Whakaū Kouna | Quality assurance information**

<b>Ngā rōpū whakatau-paerewa  </b> Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
<b>Whakaritenga Rārangi Paetae Aromatawai  </b> DASS classification	Health Studies > First Aid
<b>Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga  </b> CMR	0230

<b>Hātepe   Process</b>	<b>Putanga   Version</b>	<b>Rā whakaputa   Review Date</b>	<b>Rā whakamutunga mō te aromatawai   Last date for assessment</b>
<b>Rēhitatanga   Registration</b>	1	dd mm 2025	N/A
<b>Arotakenga   Review</b>			
<b>Kōrero whakakapinga   Replacement information</b>	N/A		
<b>Rā arotake   Planned review date</b>	31 December 2030		

Please contact Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council [[info@toitutewaiora.nz](mailto:info@toitutewaiora.nz)] if you wish to suggest changes to the content of this skill standard.