

Foundation first aid certificate (Micro-Credential)

Level 2, 2 credits

Micro-credential number (*)**

Reporting Code (*)**

**Toitū te Waiora Community, Health, Education and Social
Services Workforce Development Council (MOE 6048)**

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Listing

Title

Foundation first aid certificate

Level and credits

Level 2

2 credits

Classification (NZSCED)

069907 Health > Other Health > First Aid

Purpose

The purpose of this micro-credential is to provide a formal credential that recognises the skills and knowledge required to provide basic life support and first aid to a person. Learners will apply a range of standard processes to manage first aid for injuries and medical conditions.

Outcome

On successful completion of this micro-credential, learners/ākonga will have the essential knowledge and skills required to enable effective responses to a range of first aid emergency situations and providing care when needed.

Learners/ākonga will be skilled in treating a range of common injuries and life-threatening medical emergencies.

Education pathway

This micro-credential may lead to further study in emergency care as a first responder (New Zealand Certificate in Emergency Care (First Responder) (Level 3 – Ref. 3063)) or as an Emergency Medical Technician (New Zealand Diploma in Ambulance Practice (Level 5 – Ref. 3065)).

Cultural, community or employment pathway

On successful completion of this micro-credential, learners/ākonga may act in a first aid role that meets organisational requirements specified in the Health and Safety at Work Act 2015 and Health and Safety at Work (General Risk and Workplace Management) Regulations 2016.

Assessment standards or skill standards (if applicable)

ID	Title	Level	Credit	Version
40XX ¹	Provide basic life support	2	1	1
40XX ²	Provide first aid	2	1	1

Review period

July 2027, and then at yearly intervals.

Approval

Learning outcomes

On completion of this micro-credential, learners will be able to:

1. Provide basic life support.
2. Provide first aid.

Need and acceptability

The micro-credential can be awarded to a learner who has completed skill standards 40XXX and

40XXX, and can be reported on a learner's Record of Achievement alongside the skill standards.

Reasons for this application:

1. First aid training schemes approved by NZQA are being mandatorily replaced by micro-credentials in 2026.
2. A review of unit standards 6400, 6401, and 6402 (combined total of five credits) in June 2025 led to the design of three replacement skill standards which have a combined total of three credits.
3. Unit standards 6400, 6401, and 6402 will be set to expire on 31 December 2027.

Micro-credential delivery should align with the [First Aid as a Life Skill](#) document, which outlines requirements for providers, learners and employers in regard to first aid training and revalidation, and based on skill standards 40XXX and 40XXX.

Admission

- Learners must have the physical capacity to administer basic life support and first aid.
- Providers must verify that international students enrolling in this micro-credential have the necessary English language proficiency to study at Level 3. Rules are outlined in section 22 and 'Appendix: Internationally Recognised English Proficiency Outcomes for International Students' in the [NZQA Programme Approval, Recognition, and Accreditation Rules 2022](#).

Credit recognition and transfer, recognition of prior learning

Providers seeking accreditation for delivery of this micro-credential will implement regulations, policies and processes described within an organisational quality management (QMS) system that will assist learners to have their relevant learning recognised and credited.

Providers should consider cross-crediting learners who hold unit standards 26551 and 26552 (both expired) and 6400, 6401 and 6402 against skill standards 40XXX (6401) and 40XXX (6402).

Provision for awarding credit will need to cover:

1. Cross-crediting (from another assessment standard, skill standard, micro-credential, or programme within the organisation).
2. Recognition of prior learning (credit awarded for informal or uncertificated learning).

Length and Structure

Length

This micro-credential requires a minimum of eight hours of teaching, learning, and assessment. Providers are expected to design a micro-credential that includes delivery mode/method and a breakdown of teaching and learning hours. This could offer learners self-directed options including: a) background reading and resources relating to managing basic first aid, b) a range of training scenarios, and c) online tests for self-testing competencies. There must be robust systems in place to ensure learners receive and complete the material prior to the start of the course. Self-directed learning is not appropriate after assessment has occurred.

Structure

This micro-credential has two components:

1. Provide basic life support.
2. Provide first aid.

The skill standards must be delivered and awarded in the following order:

1. Provide basic life support (assessed by skill standard 40XXX (6402)).
2. Provide first aid (assessed by skill standard 40XXX (6401)).

See details in - APPENDIX 1 - COMPONENT DESCRIPTOR

Assessment methods

Providers must meet the consent and moderation requirements of First Aid CMR 230 and the assessment requirements of the skill standards listed in this micro-credential.

NZQA's [Aromatawai and the Principles for assessment](#) should be used in this micro-credential - assessment must be fair, valid, consistent, and appropriate given the stated learning outcomes.

The [New Zealand Resuscitation Council](#) guidelines are to be used to ensure consistency in delivery of first aid training in New Zealand.

Resubmissions, re-assessments, and appeals should be considered against the provider's QMS.

Please refer to Appendix 1 – Micro-credential Component Descriptor attached to this application for further information.

Pre-assessment moderation

Providers will need to submit skill standard based assessment materials for pre-assessment moderation before they are used, as specified in the current CMR document, and outlined on the Toitū te Waiora website.

Post-assessment moderation

Provider post-assessment moderation of skill standard assessments will use methods outlined on the Toitū te Waiora website.

Further information is available at toitutewaiora.nz.

Providers are expected to have policies in place as part of their QMS to carry out their own moderation of the micro-credential delivery and assessment.

Completion

All skill standards must be completed prior to award of this micro-credential.

Review process

For Te Hono o Te Kahurangi applications, expressions of Te Hono o Te Kahurangi kaupapa / provider kaupapa guide the review process and reflects the providers policies and procedures.

Toitū te Waiora will review the micro-credential in line with its general approach to unit standards and skill standards, ensuring that:

- Micro-credential content, structure and assessment is current, and reflects the needs and key stakeholders in the sector, and learners.

- Micro-credential outcomes for learners, and particularly for Māori and Pacific learners, are equitable.
- The micro-credential is amended to reflect changes in the sector (e.g. new approaches to practice, theory, and practical application).
- Any changes made to the micro-credential add value for the sector, and learners.
- Updates to the micro-credential will include relevant skill standards that may be developed.

Providers are expected to use processes stipulated in their QMS to ensure micro-credential delivery is reviewed on a regular basis. Those processes will measure and monitor the quality of outcomes for learners and stakeholders, particularly for Māori and Pacific learners. The micro-credential will be formally reviewed by Toitū te Waiora on a yearly basis.

Accredited providers

- (Providers with first aid training schemes that cover unit standards 6401, and 6402 – NZQA to complete)

Appendix 1 - Component Descriptor/s Example

Component Title 1

Level	2	Credits	1
Mode	Blended (Theoretical) Face-to-face (Practical)	Duration (weeks)	10 hours
Learning outcomes	On successful completion of this component, learners will be able to: LO 1: Provide basic life support.		
Topics	Theoretical: <ul style="list-style-type: none"> • Applying the DRSABCD mnemonic. • Describing when and how to attach an AED to an adult or child, and infant, who is not breathing normally and is unresponsive. • Describing when managing bleeding takes priority over CPR in a life-threatening situation. • Describing when a tourniquet may be required. • Management of a person in shock. 		

	<p>Practical:</p> <ul style="list-style-type: none"> • Assessing the collapsed person's responsiveness, airway, and breathing. • Managing the collapsed person's condition by maintaining airway patency and providing CPR. • Demonstrating how to manage a foreign body airway obstruction for an adult or child, and an infant. • Managing bleeding in a life-threatening situation. • Demonstrating the recovery position.
Ngā kaupapa arahi (Te Hono o Te Kahurangi or provider)(if applicable)	N/A
Methods (optional)	Provider developed.
Standard(s) (if applicable)	40XXX – <i>Provide basic life support</i> (version 1)

Component Title 2 – Provide first aid

Level	2	Credits	1
Mode	Blended	Duration (weeks)	10 hours
Learning outcomes	<p>On successful completion of this component, learners will be able to:</p> <p>LO 1: Provide first aid.</p>		
Topics	<p>Trauma:</p> <ul style="list-style-type: none"> • Burns • Fractures • Dislocations • Soft tissue injuries • Poisoning <p>Medical conditions:</p> <ul style="list-style-type: none"> • Heart attack • Asthma exacerbation • Stroke • Seizure • Diabetic emergency • Severe allergic reaction 		
Ngā kaupapa arahi (Te Hono o Te Kahurangi or provider)(if applicable)	N/A		
Methods (optional)	Provider developed.		
Standard(s) (if applicable)	40XXX – <i>Provide first aid</i> (version 1)		

Component Title 3 – Manage first aid in an emergency situation

Level	3	Credits	1
Mode	Blended	Duration (weeks)	10 hours
Learning outcomes	<p>On successful completion of this component, learners will be able to:</p> <p>LO 1: Manage first aid in an emergency situation.</p>		
Topics	<p>Major injuries:</p> <ul style="list-style-type: none"> • Chemical, electrical, and thermal burns • Major wounds (gunshot, impalement, stabbing) • Crush injuries • Amputations • Head injuries • Suspected spinal injuries • Internal bleeding <p>Medical conditions:</p> <ul style="list-style-type: none"> • Severe allergic reaction • Cold emergencies • Heat emergencies 		
Ngā kaupapa arahi (Te Hono o Te Kahurangi or provider)(if applicable)	N/A		
Methods (optional)	Provider developed.		
Standard(s) (if applicable)	40XXX – <i>Provide first aid in an emergency situation</i> (version 1)		