

**40XXX****Determine key responsibilities of own role in a health and wellbeing setting**

<b>Kaupae   Level</b>	2
<b>Whiwhinga   Credit</b>	10
<b>Whāinga   Purpose</b>	<p>People credited with this skill standard are able - in a health and wellbeing setting - to describe the responsibilities of own role, outline relationships and role boundaries, understand own wellbeing needs, and describe technology use in own role.</p> <p>This standard aligns with the outcomes of the New Zealand Certificate in Health and Wellbeing (Level 2) [Ref: 2469].</p>

**Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria**

<b>Hua o te ako   Learning outcomes</b>	<b>Paearu aromatawai   Assessment criteria</b>
1. Describe the responsibilities of own role in a health and wellbeing setting.	a. Identify workplace aims, values, and philosophies.
	b. Discuss different personal beliefs, culture, values, and attitudes, in own workplace.
	c. Summarise obligations under the Code of Health and Disability Services Consumers' Rights.
	d. Identify how own role supports the holistic needs of a person.
2. Outline relationships and role boundaries in a health and wellbeing setting.	a. Describe the differences between personal and professional relationships.
	b. Explain how own role interacts within a wider team.
	c. Identify approaches to maintaining role boundaries.
3. Understand own wellbeing needs in a health and wellbeing setting.	a. Describe own holistic wellbeing needs.

	b. Identify strategies and resources for self-care.
4. Describe technology use in own health and wellbeing workplace.	a. Summarise technology use in own role.
	b. Explain benefits and risks associated with technology use in own role.

### Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

For assessment purposes:

- Learners must demonstrate clear application of the Code of Health and Disability Services Consumers' Rights in their role – the right to: be treated with respect; to fair treatment; to dignity and independence; to appropriate standards; to effective communication; to be informed; to choice and consent; to support; rights during teaching and research; for complaints to be taken seriously.
- For assessment criterion 2d, 'people' should include a person being supported, a colleague or health professional, and family/whānau/natural supports.

Evidence provided for assessment against this skill standard must:

- Be acquired in a health or wellbeing setting.
- Be acquired in accordance with workplace or organisational policies and procedures.
- Be acquired within the boundaries of the role.
- Ensure that the Code of Health and Disability Services Consumers' Rights are upheld in relation to undertaking practical tasks.

Definitions:

- *The Code of Health and Disability Services Consumers' Rights*, otherwise referred to as the 'Code of Rights', or simply as 'The Code', establishes the rights of people using health and disability services, and the obligations and duties of providers to comply with it.
- *Health and Wellbeing settings* include but are not limited to - aged care, hospital, home and community, residential care, disability services, social services, mental health and addictions, rehabilitation, hospice and youth development services.
- *Holistic wellbeing* is not just the absence of disease or illness; it involves a complex combination of a person's physical, mental, spiritual, emotional, environmental and social health factors that support quality of life.
- *Professional relationships* include the person requiring support, their family, whānau, and natural supports, work colleagues, and other health professionals.
- *Professional boundaries* refer to the clear limits that define a respectful and appropriate relationship between a worker and the people they support, their family, whānau and natural supports. They help maintain trust, safety, and professionalism.

### Ngā momo whiwhinga | Grades available

Achieved.

### Ihirangi waitohu | Indicative content

Role responsibilities and workplace values

- Purpose and scope of role.
- Workplace ways of working: policies and procedures, aims, values and philosophy.
- Code of Health and Disability Services Consumers' Rights.
- Privacy Act 2020.
- Terms: informed consent, informed choice, active participation, supported decision making.

- Experience, attitudes and beliefs that affect work.
- Working in partnership (team, those significant to the individual).
- Relationships with others (behaviours, attitudes, ways of working).
- Responsibilities to the person being supported.
- Building therapeutic rapport (trust, empathy, respect, authenticity, collaboration).

#### Relationships and boundaries

- Differences between personal and professional relationships.
- Role boundaries: what you can/cannot do within your role.
- How to interact with other team members respectfully.
- Direction and delegation as applicable to health and wellbeing roles.

#### Personal wellbeing

- Holistic wellbeing (physical, mental, emotional, spiritual, social).
- Common stressors in Health and Wellbeing roles.
- Basic strategies for managing stress (e.g., time management, support networks).
- Workplace resources available for wellbeing.

#### Technology use

- Types of technology in workplace (e.g., electronic health records, mobile devices).
- Benefits of technology (accuracy, efficiency).
- Basic risks (privacy breaches, data security).
- Responsibilities for confidentiality when using technology.

#### Rauemi | Resources

- Health and Disability Commissioner. (2022). *About the Act and Code*. Available at <https://www.hdc.org.nz/your-rights/about-the-code/>

#### Pārongo Whakaū Kouna | Quality assurance information

<b>Ngā rōpū whakatau-paerewa  </b> Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
<b>Whakaritenga Rārangi Paetae Aromatawai  </b> DASS classification	Community and Social Services > Health, Disability and Aged Support > Health and Disability Principles in Practice
<b>Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga  </b> CMR	0024

<b>Hātepe  </b> Process	<b>Putanga  </b> Version	<b>Rā whakaputa  </b> Review Date	<b>Rā whakamutunga mō te aromatawai  </b> Last date for assessment
<b>Rēhitatanga  </b> Registration	1	[dd mm yyyy]	N/A

<b>Kōrero whakakapinga  </b> Replacement information	N/A
<b>Rā arotake  </b> Planned review date	31 December 2030

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) to suggest changes to the content of this skill standard.

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