

40XXX**Recognise person-centred support in a health and wellbeing setting**

Kaupae Level	2
Whiwhinga Credit	10
Whāinga Purpose	<p>People credited with this skill standard are able - in a health and wellbeing setting – to recognise holistic needs and person-centred values, outline use of plans, recognise risk factors and signs of abuse, neglect, and violence, and observe and report changes to a person's health and wellbeing.</p> <p>This standard aligns with the outcomes of the New Zealand Certificate in Health and Wellbeing (Level 2) [Ref: 2469].</p>

Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako Learning outcomes	Paearu aromatawai Assessment criteria
1. Recognise holistic and person-centred needs in a health and wellbeing setting.	a. Identify person-centred values.
	b. Identify a person's holistic needs.
	c. Recognise own role in supporting holistic wellbeing.
2. Outline the use of plans in a health and wellbeing setting.	a. Identify use of plans in own role.
	b. Outline how plans determine the support provided.
	c. State why plans must reflect changing needs.
3. Recognise risk factors, indicators and signs of abuse, neglect or violence, in a health and wellbeing setting.	a. Identify common risk factors for a person.
	b. Recognise signs and indicators of abuse, neglect, or violence.
	c. Identify own obligations to report concerns.
4. Observe and report changes in a person's health and wellbeing.	a. Recognise and report changes.

Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

For assessment purposes:

- Learners must demonstrate clear application of the Code of Rights in their role – the right to: be treated with respect, to fair treatment; to dignity and independence; to appropriate standards; to

effective communication; to be informed; to choice and consent; to support; rights during teaching and research, and for complaints to be taken seriously.

- Assessment Criteria 3a must include consideration of trapping.

Evidence provided for assessment against this skill standard must:

- Be acquired in a health and wellbeing setting.
- Be acquired in accordance with workplace or organisational policies and procedures.
- Be acquired within the boundaries of the learner's role.
- Ensure that the Code of Rights are upheld in relation to undertaking practical tasks.

Definitions:

- *The Code of Rights for Health and Disability Services Consumers*, otherwise referred to as the 'Code of Rights', or simply as 'The Code', establishes the rights of people using health and disability services, and the obligations and duties of providers to comply with it.
- *Health and Wellbeing settings* include but are not limited to - aged care, hospital, home and community, residential care, disability services, social services, mental health and addictions, rehabilitation, hospice and youth development services.
- *Holistic needs* include but are not limited to – physical, emotional, social, cultural, spiritual, mental, socio-economic, environmental, creative, occupational.
- *Person-centred approach* – an approach which places the person being supported at the centre by encouraging active participation and choice, and viewing them as an individual with unique qualities, abilities, interests, preferences and needs.
- *Person-centred values* may include but are not limited to – individuality, rights, choice, privacy, independence, dignity, respect, partnership, consent.
- *Plan* – a generic term that covers documentation which outlines individual, or group needs and sets out how care or support should be provided. Plans may be known by different names depending on the context.
- *Trapping* is a condition whereby a person may become trapped between fixed items such as walls and various movable items within the room (such as a bed or large chair).

Ngā momo whiwhinga | Grades available

Achieved.

Ihirangi waitohu | Indicative content

Holistic and person-centred support

- Person-centred support - personal history, preferences, wishes, needs, future aspirations.
- Person-centred values - dignity, respect, choice, independence.
- Holistic needs - physical, emotional, spiritual, social, environmental.

Plans in health and wellbeing

- Purpose and importance of plans - following instructions.
- Components of a plan – goals, health needs, social needs, preferences.
- Reportable changes – deterioration and improvements and how this impacts support.

Risk, abuse, neglect and violence

- Risk factors and their impact - physical (must include trapping), emotional, psychological, relational, financial, isolation, substance use, health conditions.
- Types and common signs and indicators of abuse, neglect and violence.

- Responsibility to report risk, abuse, neglect and violence. What to report, whom to report to and how, maintaining role boundaries.
- Concepts safeguarding, positive risk taking, dignity of risk.

Rauemi | Resources

- Health and Disability Commissioner. (2022). *About the Act and Code*. Available at <https://www.hdc.org.nz/your-rights/about-the-code/>

Pārongo Whakaū Kounga | Quality assurance information

Ngā rōpū whakatau-paerewa Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
Whakaritenga Rārangi Paetae Aromatawai DASS classification	Community and Social Services > Health, Disability and Aged Support > Health and Disability Principles in Practice
Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga CMR	0024

Hātepe Process	Putanga Version	Rā whakaputa Review Date	Rā whakamutunga mō te aromatawai Last date for assessment
Rēhitatanga Registration	1	[dd mm yyyy]	N/A
Kōrero whakakapinga Replacement information	N/A		
Rā arotake Planned review date	31 December 2030		

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at qualifications@toitutewaiora.nz to suggest changes to the content of this skill standard.